JANUARY 2019

I'm ORANGE STAR

M	T	W	TH	F
	No School 1	No School 2	No School 3	No School 4
No School 7	Crispy Tacos Spanish Rice Beans Fresh Veggie Cup Lett/Tom/Salsa Orange Smiles Milk Variety 8	Chicken Nuggets Mashed Potatoes Garden Salad Roll Pears Milk Variety 9	Hot Dog Oven Fries Carrots Snowball Salad Milk Variety 10	NO SCHOOL 11
Corn Dog Tater Tots Baked Beans Apple Pineapple D'Lite Milk Variety 14	Nachos Grande Beans Lett/Tom/Salsa Tiny Tom Cup Cucumber Slices Peaches Lime Sherbert Milk Variety 15	Chicken Sandwich Oven Fries Fresh Veggie Cup Lett/Tom Garnish Mandarin Oranges Milk Variety 16	Hamburger Steak Roasted Potatoes Brown Gravy Biscuit/Salad Fruity Gelatin Milk Variety 17	Pizza Choice Carrots Crunchy Broccoli Salad Fresh Fruit Brownie Milk Variety 18
Steak Fingers Mashed Potatoes Roll/Gravy Green Beans Strawberries Milk Variety 21	Meat & Cheese Chalupas Spanish Rice/Beans Lett/Tom/Salsa Rosy Applesauce Milk Variety 22	Chicken Tenders Sweet Potato Fries Broccoli Biscuit/Gravy Mixed Fruit Crispy Cereal Treat Milk Variety 23	Chicken Spaghetti Bread Sticks Garden Salad Carrots Apple Slices Milk Variety 24	BBQ On A Bun Coleslaw Green Beans Orange Smiles Milk Variety 25
HB/ChBurgers Oven Fries Fresh Veggie Cupi Lett/Tom Garnish Mixed Fruit Milk Variety 28	TexMex Stack Spanish Rice Beans Lett/Tom/Salsa Tiny Tomato Cup Peaches Milk Variety 29	Pizza Pocket Marinara Sauce Tuscan Veggies Garden Salad Hot Cinn Apples Cookie Milk Variety 30	Ranchero Wrap Fresh Veggie Cup Broccoli Snowball Salad Milk Variety 31	

GOOD EATS AT

Valley School Lunch Menu

SPECIAL ANNOUNCEMENTS

Valley ISD is an Offer vs Serve facility meaning that each student is required to take at least 3 of the 5 food components.
Meat/Meat Alternate
Grain
Vegetable
Fruit
Milk

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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ORANGE STAR
Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how. Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.

FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

ORANGE STAR'S
FAVORITE ACTIVITIES
Traveling and Swimming

POW!
ARCH ENEMY
Fruit Flies

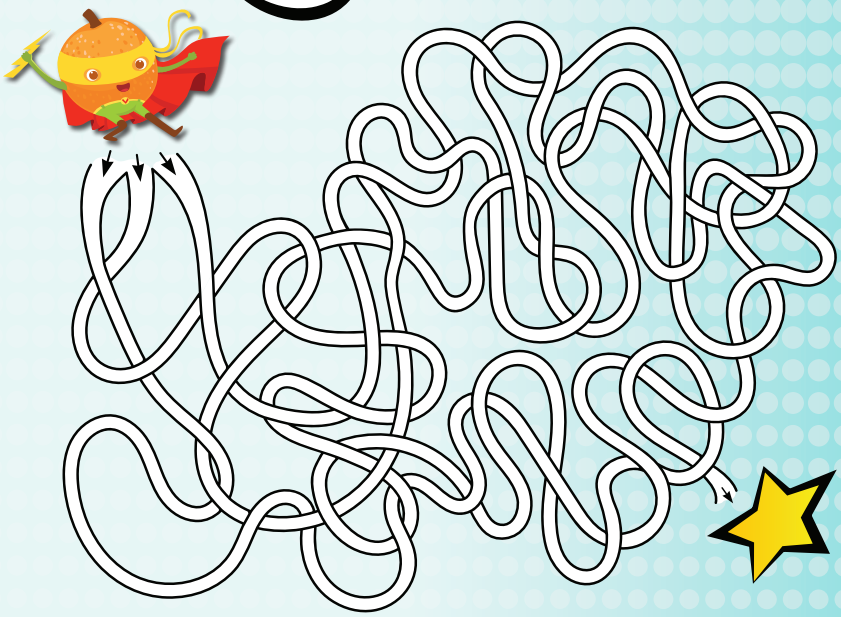
JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

MAZE

Color the path that will lead the superhero to his missing star.



Answer: Path #3

Sources: Texas A&M and Agrilife Extension